



Tel : 04-2615669  
: 04-2628664  
E-mail : [secretariat@penangbar.org](mailto:secretariat@penangbar.org)  
Website : [www.penangbar.org](http://www.penangbar.org)

No. 4. Green Hall,  
1st Floor,  
10200 Penang,  
Malaysia.

## JAWATANKUASA PEGUAM PULAU PINANG PENANG BAR COMMITTEE

6 April 2026

Sports 3/26

To all Members and Pupils-in-Chambers of the Penang Bar,

### **Penang Bar Collaboration with Fit Start: Exclusive Gym Membership & Wellness Privileges**

We are delighted to announce that, with effect from **27 March 2026**, **Fit Start** is collaborating with the Penang Bar to offer our Members and Pupils-in-Chambers an exclusive Members and Pupils-in-Chambers Privilege Programme.

This programme provides special rates and benefits across Fit Start services, designed to support a healthy and balanced lifestyle:-

<b>Services</b>	<b>Privilege Program</b>
Fit Start 24 Hours Gym	<b>RM129.00</b> nett per month
Neuro Bites Café	<b>10%</b> dining discount at Neuro Bites Café
Koyla Catering Services	Corporate catering services for meetings and events (via KOYLA Catering)
FS Event	On-site event support, including wellness talks and health-focused programmes and complete event support

### **Terms & Conditions:-**

- All prices stated are net and inclusive of applicable taxes, unless otherwise specified.
- Corporate privileges and discounts cannot be combined with other promotions, discounts, vouchers, or special offers.
- The Members Privilege Programme is exclusively for Penang Bar Members and Pupils-In-Chambers. The Members and Pupils-In-Chambers' Practising Certificate No. and/or the Petition No. must be furnished upon registration.
- Members and pupils are eligible for unlimited participation in all classes offered by Fit Start.
- The **10%** dining discount at Neuro Bites Café is applicable for dine-in only.
- All services, including gym access, classes and programmes, are subject to availability and prior booking where applicable.
- Gym Membership: Based on a one-year commitment, charged monthly via credit card auto-debit. Full upfront payment for the year is not required.



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## **JAWATANKUASA PEGUAM PULAU PINANG PENANG BAR COMMITTEE**

- The rates under the Privilege Program are non-transferable and strictly for eligible Members and Pupils-In-Chambers only.

You may contact Fit Start for more information:-

**Address:** 28-3-2, The Bayu, Jalan Tanjung Tokong, 10470 Tanjung Tokong, Penang

**Phone:** 017-892 2827

**Email:** [fitstart22@gmail.com](mailto:fitstart22@gmail.com)

Your work is important, but so is your well-being.

While we dedicate ourselves to our professional responsibilities, it is equally important to maintain a healthy body and mind. Taking time to exercise, attend fitness classes or participate in wellness programmes can improve energy, focus and overall well-being. We encourage all Members and Pupils-in-Chambers to seize this opportunity to stay active, stay healthy and thrive both personally and professionally.

Let's work hard, but also take care of ourselves!

**Goh Chek Kang**  
**Chairman**  
**Sports and Games Subcommittee**