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JAWATANKUASA PEGUAM PULAU PINANG PENANG BAR COMMITTEE

Sports 2/22 24 June 2022

To Members and Pupils-In-Chambers of the Penang Bar,

Penang Bar Sports & Games Fiesta 2022: FUN RUN

Pursuant our Circular <u>Sports 1/22</u>, the Sports Subcommittee of the Penang Bar is organising the Penang Bar Fun Run on 2 July 2022.

Participants are requested to take note of the following:-

- 1. The Penang Bar Fun Run venue is now <u>changed</u> to Straits Quay, Jalan Seri Tanjung Pinang 10470 Tanjong Tokong, Penang.
- 2. Itinerary:-

Тіме	ACTIVITY
6:30 a.m.	Warm Up + Stretching
6:45 a.m.	Flag Off
8:30 a.m.	Cool Down
8:30 a.m. – 10:00 a.m.	Photo Session

A. How Do I GET THERE?

- Google Map/Waze: Straits Quay

B. WHERE DO I PARK MY CAR?

- Roadside opposite Straits Quay/Straits Quay Car Park

C. What's the Distance for the Run?

- 5.3KM

Note: Please read the safety precaution at page 6.

ROUTE - 5.3KM for Two (2) Loops

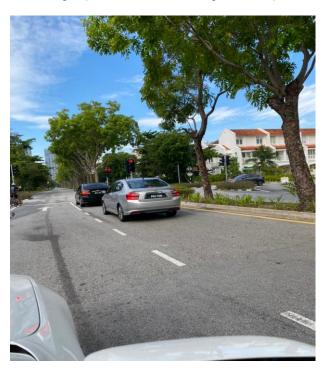


1. Flag Off/Finishing Point (Bus Stop Opposite Straits Quay)





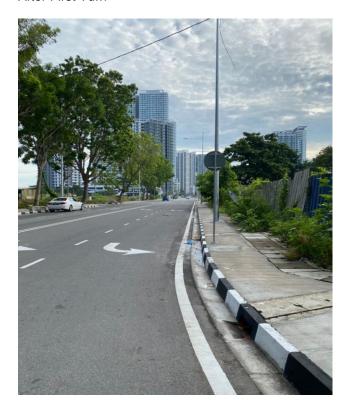
2. Traffic Light (About 1 KM from Flag Off Point)



3. First Turn (Warung / Stalls)



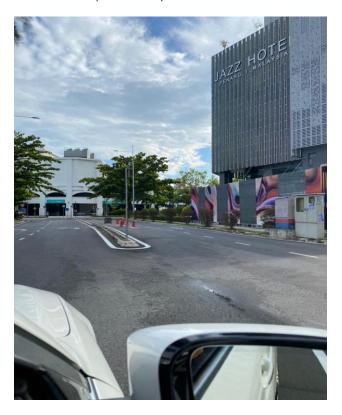
4. After First Turn



5. Roundabout



6. Second Turn (Jazz Hotel)



7. Straits Quay



Safety Precaution

- 1. The run will be done on main roads but the runners will be running against traffic. Please be aware of any moving vehicles and traffic at all times during the run.
- 2. The runners should run at their own risk. The Penang Bar will not be responsible for any injuries or accidents that occur during this run. There will be no road marshals but assistance and directions will be provided where necessary.
- 3. Please do contact Mr. Teh Ee Teng (0164748352), Ms. Moira Toh (0124812106) and Mr. CK Goh (0174633625) if you need any assistance during the run.

Teh Ee Teng Chairman Sports Subcommittee