

The Social Subcommittee presents a webinar on

Coffee Connect - A Virtual Chat on "Your Mind Does Matter: Work-Life Balance in the New

Normal"

Date: 17 June 2021 (Thurs) **Time:** 6:00 pm to 7:00 pm

Webinar via Zoom





Upon successful registration and receipt of payment, the link to the webinar will be e-mailed to registered participants after the close of registration and it shall serve as confirmation and acceptance of registration.

Registration will close at 5:00 pm, 16 June 2021 (Wed). No further registration will be accepted once the deadline has passed, or if the webinar is full.

The Organiser may not permit registration for future events if you fail to attend an online webinar after registering, unless acceptable and valid reason(s) are provided.

Synopsis:

In the modern days, work-life balance is often neglected due to the fast paced of life and sometimes from the pressure of work. In light of that, we have invited two Speakers to share their views on the balance between work and life that promotes a healthier and more efficient lifestyle.

Topics:

- Balance between work and life
- Healthier and efficient lifestyle

The Speakers:



Moira Toh Siew Ling



Eric Augustin

Moira Toh Siew Ling chambered in Lim Cheng Poh Lim & Rahim and was called to the Bar in 1994. She has been a partner at Hoe & Moira since 2005.

Eric Augustin is an Entrepreneurship Professional with a Bachelor of Laws (LLB) and Masters (LLM) in Advance Legal Practice from Northumbria University. He is an experienced Civil Litigation lawyer with a demonstrated history of working in the practising industry. He has well versed skills in Dispute Resolution, Debt Recovery, Legal Drafting and Corporate Law.

If you have any enquiries, please e-mail us at **secretariat@penangbar.org**.

Issued by:

Jo-Anne De Vries & Adelyn Low Jia Yee Co-Chairpersons Social Subcommittee

A Step-By-Step Guide to Join a Webinar via Zoom

Webinar via Zoom is an initiative by the Bar Council during the Movement Control Order.

Continue learning even while at home. We're here to inspire you, connect with you and learn with you. This guide will show you how to join a webinar smoothly.

For seamless streaming, download the Zoom app.

You will be given a webinar ID and a password to join the webinar once your registration has been confirmed.



Log in to Zoom, and provide your username.

For Members of the Bar or pupils in chambers, use the format below for identification purposes when prompted: Full name (as per NRIC) | Bar Council membership number or petition number.

For non-Members, provide your full name only.

Set up your space.

Find a spot which is comfortable and free from background noises. You may use an earpiece with microphone for clarity. Having a strong internet connection is equally important.



Please raise your questions only during the Question-and-Answer session.

Please take note that no speaking is allowed when the webinar is taking place.

If you wish to raise a question, please type in the Q&A box and the speaker will respond accordingly.

Please do not do these

Sharing screen recording and webinar ID and password links, and reproducing the content of the webinar on any platform.

Any unregistered person may be removed without prior notice and no CPD point will be awarded. Failure to adhere to this may result in disciplinary action by the Bar Council.



